



Hunterdon Healthcare

Your full circle of care.
Hunterdon Healthcare Foundation
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“I have seen a transformation in our family since my father began attending Brideside. The program has given my mother some time to take care of herself - which she desperately needed - and it has given my father an opportunity to begin socializing again.”

- Anna, daughter of Brideside Adult Day Center Participant

Dear Friend,

By supporting the services of Hunterdon Regional Community Health, you help those struggling with illness and their family members live as fully as possible. **Your donation supports our dedicated caregivers and provides the resources they need to give the best care possible to people in our community.**

As Anna so eloquently expressed, **Brideside Adult Day Center has been transformational for her family.** Her father was becoming a shut-in and only watching television. Her mom takes care of all her husband's needs when he is at home. She feeds him, takes his blood sugar and records it three times per day, administers all of his medications since he has lost the capacity to do so by himself, does his laundry and helps him with his showering and bathroom needs. All of these caregiving tasks would be difficult to manage even at a young age but are positively exhausting when you are in your 80's like her mom.

Brideside has provided an opportunity for Anna's mom to enjoy respite from the rigors of care. It has also given her an opportunity to have a social life with her daughter Anna and friends—which has improved her health and well-being. It has also benefited her dad who is now making friends and having fun as well. He looks forward to going there to do craft activities and attend arts programs in the community. He especially enjoys when the Scouts or the high school kids come to visit.

Brideside's impact extends far beyond helping the participants of the program and Anna states: ***“I am overwhelmed by the kindness and warmth that has been extended to my family as a result of this fantastic program.”***

Please turn over...

All the programs Hunterdon Regional Community Health operates—Hunterdon Hospice, Visiting Health and Supportive Services (home health aides), and Brideside Adult Day Center—provide expert nursing personnel to families and individuals who are struggling with chronic diseases, disabilities, and the challenges of daily living. These programs are not adequately funded by insurance so your donations make a large difference for the level of care we can provide.

Please donate now and partner with us to help the many families like Anna's in our area.

You can donate by using the enclosed return envelope or by visiting foundation.hunterdonhealthcare.org and selecting one of our services as the recipient of your gift.

Gratefully,



Don Pinner, FACHE
Senior Vice President
Hunterdon Regional Community Health



Philippe Beekman
Senior Vice President
Hunterdon Healthcare Foundation